

# Activity Checklist

ACTIVITY	M	TU	W	TH	F
Read entire module					
Planned logistics for lessons					
Introduced concept of short-term and long-term goals					
Interviewed student about goals					
Worked on setting short-term goal(s)					
Worked on setting long-term goal(s)					
Explained self-consequating					
Helped student complete self-consequating list					
Interviewed student about time management					
Explained Time Management Chart activity					
Discussed completed Time Management Chart					
Explained Study Time Chart activity					
Discussed Study Time Chart activity					
Discussed study organization					
Help student choose organization strategy(ies) to try					
Explained concept of active studying					
Explained specific active study strategies					
Helped student complete Active Study Checklist					
Discussed Active Study Checklist answers					
Explained concept of semantic maps					
Explained sample semantic maps and their uses					
Practiced using semantic maps					
Introduced mnemonics					
Practiced use of mnemonics					
Introduced note-taking strategies					
Examined student's notebooks, discussing better strategies					
Practiced note-taking strategies					
Introduced test-taking strategies					
Interviewed student with test anticipation questions					
Practiced test preparation strategies					
Interviewed student after a test (posttest analysis)					
Worked on developing an individualized self-regulation plan					
Met to discuss progress on individualized plan					
Met to discuss modifying individual plan					